

Decide and Conquer

Instructions:

1. Set a timer for two to five minutes, depending on how complex your decision is. It should be a decision with only two options to choose from. Write down all the pros and cons you can think of for each choice. Stop when the time is up.
2. Assign a numerical importance to each pro and con on a scale of 1 to 3: 1 = sort of important, 2 = important, 3 = very important. Then add up the columns.
3. Set the timer for one minute. Review the pros and cons, or go with your gut, but when the timer goes off, make your decision.
4. If you still haven't decided, flip a coin.

<i>Choice 1:</i>			
Pros	1-3	Cons	1-3
Totals			

Choice 2:

Pros	1-3	Cons	1-3
Totals			

Write down your final decision.